

QP Code: 110009

Reg. No.:

**First B.Sc. Nursing (Ayurveda) Degree Regular/Supplementary
Examinations April 2021**

Panchakarma

Time: 3 Hours

Max Marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw diagrams wherever necessary*

Essay

(2x10=20)

1. Define Nasya. Explain the procedure of Nasya.
2. Explain Samsarjana karma in detail.

Short Notes

(10x5=50)

3. Explain the importance of Sneha sweda in Panchakarma.
4. Samyak Vamana lakshana.
5. Explain Avapeedaka snehapana.
6. Importance of Ushnajala in Panchakarma.
7. Sweda atiyoga lakshana and chikitsa.
8. Explain Vasti referred to as 'Ardha chikitsa'. Explain.
9. Explain ten contra indications of Vamana karma.
10. Explain Takradhara vidhi.
11. Explain Matravasti.
12. Paschatkarma of Virechana.

Answer Briefly

(10x3=30)

13. Udwarthana
14. Dose of Nasya
15. Procedure of Urovasti
16. Sankara sweda
17. Pradhamana nasya
18. Vasti netra dosha
19. Sodhana vyapats
20. Define Virechana
21. Benefits of ShiroAbhyanga
22. Gandusha and Kabala
